

The following healthcare expenses qualify for reimbursement under a **Flexible Spending Account (FSA) plan**.*

Only healthcare expenses *not* reimbursed by insurance can be claimed.

Acupuncture (excluding remedies and treatments prescribed by acupuncturist)	Endodontist fees	Physician fees (cosmetic procedures not eligible)
Alcoholism treatment	Eyeglasses prescribed by your doctor	Podiatrist fees
Ambulance	Eye examination fees	Prescribed medicines
Artificial limbs/teeth	Eye surgery (cataracts, LASIK, etc.)	Psychiatric care
Chiropractors	Hearing devices and batteries	Psychologist and psychiatrist fees
Christian Science practitioner's fees	Home health care	Radiology
Contact lenses and solutions	Hospital bills	Routine physicals and other non-diagnostic services or treatments
Co-payments (doctor, dental, vision, pharmacy)	Insulin	Smoking cessation over-the-counter drugs
Costs for physical or mental illness confinement	Laboratory fees	Smoking cessation programs
Crutches	Laser eye surgery	Surgical fees
Deductibles	Office visits	Weight loss over-the-counter drugs with doctor's letter of medical necessity
Dental fees (cosmetic procedures not eligible)	Obstetrics and fertility	Weight loss programs with a doctor's letter of medical necessity
Dentures	Oral surgery	Wheelchair
Diagnostic fees	Orthodontic fees	Vitamins, with doctor's letter of medical necessity
Dietary supplements and vitamins with doctor's letter of medical necessity	Orthopedic devices	X-rays and MRI
Drug and medical supplies (syringes, needles, etc.)	Osteopath fees	
	Over-the-counter drugs that are medically necessary like allergy medications, aspirin, or antacids.	
	Oxygen	
	Periodontist fees	

Items *requiring a physician's letter* listing a medical condition making the item necessary.*

Bedpans and ring cushions
Boost®/PediaSure®
Foot Spa
Herbs
Massagers
Massages
Minerals
Multivitamins
Oxygen
Reconstructive surgery in connection with birth defect, disease, or accident.
Special supplements
Special school for disabled child
Special teeth cleaning system
Therapeutic support gloves
Vitamins
Weight loss programs and fees pertaining to a specific disease
Wigs for hair loss caused by disease

Healthcare expenses that *do not qualify* for reimbursement under an FSA plan.*

Cosmetic surgery, procedures, and/or medications
Dental bleaching
Hair restoration (procedures, drugs, or medications)
Health club or gym memberships for general health
Marriage and family counseling
Over-the-counter items, drugs, or medications that are not medically necessary or are not prescribed by your physician
Weight loss programs for general health or appearance
Mail order prescriptions from another country
Premiums you or your spouse pay for insurance coverage (Payroll-deducted premiums sponsored by your employer are eligible under the Premium Only Plan.)

**Plan restrictions may apply. Check with your plan administrator.*

Antiseptics

Antiseptic wash or ointment
for cuts or scrapes
Antiseptic mouthwash
Benzocaine swabs
Boric acid powder
First aid wipes
Hydrogen peroxide
Iodine tincture
Rubbing alcohol
Sublimed sulfur powder

Asthma Medications

Bronchodilator/Expectorant tablets
Bronchial asthma inhalers

Cold, Flu, and Allergy Medications

Allergy medications
Cold relief (liquid, tablets, or drops)
Cough relief (liquid, tablets, or drops)
Flu relief (liquid, tablets, or drops)
Homeopathic sinus medications
Medicated chest rub
Nasal decongestant (drops, inhaler,
spray, or strips)
Sinus & allergy nasal spray
Sinus medications
Vapor patch cough suppressant

Diabetes

Diabetic lancets
Diabetic needles
Diabetic supplies

Diabetic syringes
Diabetic test strips
Glucose meters
Glucose tablets

Ear/Eye Care

Airplane ear protection
Ear drops for swimmers
Ear water-drying aid
Earwax removal drops
Homeopathic earache tablets
Contact lens solutions

Health Aids

Anti-fungal treatments
Denture adhesives
Diuretics and water pills
Hemorrhoid relief
Lice control
Medicated bandages
Motion sickness tablets
Respiratory stimulant ammonia
Sleeping aids

Pain Relief

Arthritis pain reliever
Bunion and blister treatments
Itch relief
Orajel®
Pain relievers, aspirin
and non-aspirin
Throat pain medications

Personal Test Kits

Cholesterol tests
Colorectal cancer screening tests
Home drug tests
Ovulation indicators
Pregnancy tests

Skin Care

Acne medications
Anti-itch lotion
Bunion and blister treatments
Cold sore and fever blister medications
Corn and callus removal medications
Diaper rash ointment
Eczema cream
Medicated bath products
Wart removal medications

Stomach Care

Acid reducers
Antacid gum
Antacid liquid
Antacid tablets
Anti-diarrhea medications
Gas prevention (liquid, tablets,
or drops)
Ipecac syrup
Laxatives
Pinworm treatment
Prilosec®
Upset stomach medications

OTC items - requires doctor letter*

Adhesive or elastic bandages
Blood pressure meter
Cold or hot compresses
Eye drops
Foot spa
Gauze and tape
Gloves and masks
Herbs
Incontinence supplies
Leg or arm braces
Massages
Massagers
Minerals
Multivitamins
Saline nose drops
Special supplements
Special teeth cleaning system
Thermometers
Vitamins

OTC items - not acceptable*

Aromatherapy
Baby bottles and cups
Baby oil
Baby wipes
Blistex®/Chapstick®
Breast enhancement system
Cosmetics
Cotton swabs
Dental floss
Deodorants
Facial care
Feminine care fragrances or
facial care products
Feminine hygiene products
Hair regrowth
Insoles
Low "carb" foods
Low calorie foods
Mouthwash
Oral care
Petroleum jelly
Shampoo and conditioner
Skin care
Spa salts
Sun clips
Sun tanning products
Toothbrushes

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